

Lydia Sims (Non-Union)

CONTACT:

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lydiacsims.com

REPRESENTATION:

Brilliant Talent Management
Julia Schell- 929-535-8539
julia@brilliant-talent.com

STATISTICS

Hair Auburn

Height 5'8

Weight 145 lbs

Eye Color Brown

FILM / DIGITAL

Brood Emergence

SHREWS (Web Series)

One-Way (Short)

DUD

The Sickness

All Or Nothing (Short)

Upwards

Small Liberal College (Web Series)

Malkovitch (Short)

Lucy (Supporting)

Lulu Jasper (Supporting)

Mack (Lead)

Cam (Supporting)

Lydia (Lead)

You (Lead)

Lorelai (Lead)

Morgan (Co-Star)

Woman (Lead)

Columbia MFA Short Film, Dir **Anna Mikama**

SHREWS Productions, Dir **Caitlin Mayernik**
Dir **Nicole Ciravolo**

Columbia MFA Short Film, Dir **Jack Foster**

Sarah Lawrence College, Dir **Colette Shaw**

Mahlon Films, Dir **Mahlon Whitney**

National Theatre Institute, Dir **Lydia Riess**

Sarah Lawrence College, Dir **Eva Niremoff**

Moon 86 Productions, Dir **John Brian**

THEATER

Le Meurice (Selected Reading)

Erase Erase

Rocks And Geodes (Selected Reading)

Koi-Coy

Obsessed (Selected Reading)

Planting Day

Stories We Tell Ourselves at Night

Hir

How to Make Friends and Kill Them

Jennie

Tess

Lisa / Left Girl

Gina

Natalie

George

The One

Paige

Sam

Matchbox Productions, Dir **Clementine Rice**

Grace Exhibition Space, Dir **Keira Dig**

Playwrights Horizons Downtown, Dir **Kaitlin Goldin**

Lenfest Center for The Arts, Dir **Danica Selem**

Playwrights Horizons Downtown, Dir **BreLynn Matthews**

The Tank NYC, Dir **Claire Marieb**

Brick Aux, Dir **Erin Gray**

Sarah Lawrence College, Dir **Sarah Morse**

Sarah Lawrence College, Dir **Spencer Knoll**

EDUCATION & TRAINING

Sarah Lawrence College: BA in Theatre. *Acting:* Sifiso Mabena, Angela Pierce, Kevin Convoy

National Theatre Institute at The O'Neill Theater Center (2020) *Acting:* Forrest McClendon, Patrese D McClain, Malik Work *Film:* Deirdre Goodwin, *Voice / Dialect:* Craig Dolezal *Shakespeare:* Richard Digby Day

Actor's Gym Rose Gutierrez (Current)

Atlantic Theater NYC: Film Audition Lab Todd Thaler (2023-2024)

The Alliance Theater ATL: On Screen Acting I & II Jose Vasquez, Sharon Foote (2020-2022)

SPECIAL SKILLS

Dialect (Southern American, British RP, Irish, Australian), Drivers License, US Passport, Tap, Beginning Ballet, Jazz, Conversational Spanish, Sewing, Yoga