

Lydia Sims (Non-Union)

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REPRESENTATION:

Brilliant Talent Management
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STATISTICS

Hair Auburn

Height 5'8

Weight 145 lbs

Eye Color Brown

THEATER

<i>White Elephant (Selected Reading)</i>	Annie	Uptown One Train @ The Tank NYC, Dir Sarah Marlin
<i>Nesting</i>	Kim	Write Club NYC @ The Vino Theatre, Dir Elena Messinger
<i>Le Meurice (Selected Reading)</i>	Jennie	Matchbox Productions, Dir Clementine Rice
<i>Erase Erase</i>	Tess	Grace Exhibition Space, Dir Keira Dig
<i>Rocks And Geodes</i>	Lisa / Left Girl	Brooklyn Center for Theatre Research, Dir Kaitlin Goldin
<i>Koi-Coy</i>	Gina	Lenfest Center for The Arts, Dir Danica Selem
<i>Obsessed (Selected Reading)</i>	Natalie	FRIGID Under St. Marks, Dir BreLynn Matthews
<i>Planting Day</i>	George	The Tank NYC, Dir Claire Marieb
<i>Stories We Tell Ourselves at Night</i>	The One	Brick Aux, Dir Erin Gray
<i>Hir</i>	Paige	Sarah Lawrence College, Dir Sarah Morse
<i>How to Make Friends and Kill Them</i>	Sam	Sarah Lawrence College, Dir Spencer Knoll

FILM / DIGITAL

<i>R U UP? Lol (Short)</i>	Jenna (Principal)	Dir Nicole Ciravolo
<i>Brood Emergence</i>	Lucy (Supporting)	Columbia MFA Short Film, Dir Anna Mikama
<i>SHREWS (Web Series)</i>	Lulu Jasper (Co-Star)	SHREWS Productions, Dir Caitlin Mayernik
<i>One-Way (Short)</i>	Mack (Lead)	Dir Nicole Ciravolo
<i>DUD</i>	Cam (Principal)	Columbia MFA Short Film, Dir Jack Foster
<i>The Sickness</i>	Lydia (Lead)	Sarah Lawrence College, Dir Colette Shaw
<i>All Or Nothing (Short)</i>	You (Lead)	Mahlon Films, Dir Mahlon Whitney
<i>Upwards</i>	Lorelai (Lead)	National Theatre Institute, Dir Lydia Riess
<i>Small Liberal College (Web Series)</i>	Morgan (Co-Star)	Sarah Lawrence College, Dir Eva Niremoff
<i>Malkovitch (Short)</i>	Woman (Lead)	Moon 86 Productions, Dir John Brian

EDUCATION & TRAINING

Sarah Lawrence College: BA in Theatre. *Acting:* Sifiso Mabena, Angela Pierce, Kevin Convoy
National Theatre Institute at The O'Neill Theater Center (2020) *Acting:* Forrest McClendon, Patrese D McClain, Malik Work *Film:* Deirdre Goodwin, *Voice / Dialect:* Craig Dolezal *Shakespeare:* Richard Digby Day
Actor's Gym (Current) Rose Gutierrez
Atlantic Theater NYC: Film Audition Lab (2023-2024) Todd Thaler
The Alliance Theater ATL: On Screen Acting I & II (2020-2022) Jose Vasquez, Sharon Foote

SPECIAL SKILLS

Dialect (Southern American, British RP, Irish, Australian), Drivers License, US Passport, Tap, Beginning Ballet, Jazz, Conversational Spanish, Sewing, Yoga, Soccer